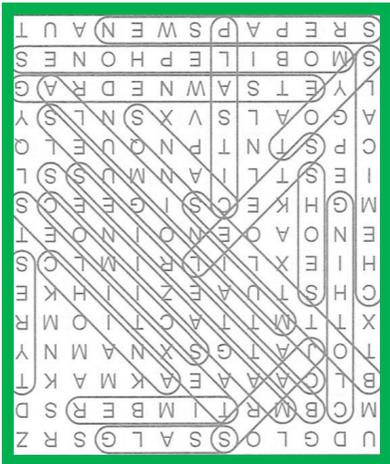


# WORDSEARCH



**HONEYCOMB**  
 1 Fodder. 2 Number. 3 Babbie.  
 4 Partly. 5 Sunday. 6 London.

# CROSSWORD

- DOWN**
- 1 Raphael
  - 2 Golf
  - 3 Velcro
  - 4 Carmen
  - 5 Carreras
  - 6 Nixon
  - 12 Normandy
  - 13 Saracen
  - 15 Healey
  - 16 Red Sea
  - 17 Davos
  - 19 Data
- ACROSS**
- 7 Salome
  - 8 Arabic
  - 9 Chef
  - 10 Cameroon
  - 11 Sean Connery
  - 14 Arthur's Seat
  - 18 La La Land
  - 19 Deal
  - 20 Fondue
  - 21 Esther

# Connected



August 2021 Issue 20



## The Final Medal Tables for Tokyo 2020

COUNTRY	GOLD	SILVER	BRONZE	TOTAL
USA	39	41	33	113
CHINA	38	32	18	88
JAPAN	27	14	17	58
GREAT BRITAIN	22	21	22	65

Did you know that the total number of medals that Great Britain has won since modern Olympics started place Team GB in 2nd position after the USA?

GOLD 274 - SILVER 299 - BRONZE 310 - TOTAL 883

One Olympic Champion is quoted as saying:

***“I hope that this medal inspires the kids at home to put down guns and knives and pick up a pair of trainers instead.”***

***And to this I say “Amen”***

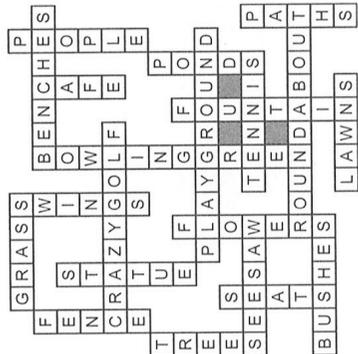
## SUDOKU ONE

7	3	9	5	8	6	4	1	2
6	4	5	2	9	1	7	8	3
1	2	8	4	3	7	6	9	5
3	7	1	8	2	4	9	5	6
2	9	4	6	1	5	8	3	7
8	5	6	9	7	3	2	4	1
9	8	3	1	6	2	5	7	4
4	6	7	3	5	8	1	2	9
5	1	2	7	4	9	3	6	8

## SUDOKU TWO

1	8	5	4	9	6	2	7	3
7	6	2	3	8	1	9	5	4
3	4	9	7	5	2	1	6	8
8	7	1	5	2	9	4	3	6
5	9	6	1	4	3	8	2	7
2	3	4	6	7	8	5	1	9
6	2	8	9	1	7	3	4	5
9	5	3	2	6	4	7	8	1
4	1	7	8	3	5	6	9	2

## CRISS CROSS



A huge “Thank You” to those who have given items for Connected. These are always welcome. If you have any feedback or would like to discuss any of the content

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*Stuart*

# Stay Safe In The World Today

Avoid riding in cars because they are responsible for 20% of all fatal accidents.

Do not stay home because 17% of all accidents occur in the home.

Avoid walking on streets or pavements as 14% of all accidents occur to pedestrians.

Avoid travelling by air, rail, or on the water because 16% of all accidents involve these forms of transportation.

Of the remaining 33% - 32% of all deaths occur in Hospitals.

Above all else, avoid hospitals.

You will be pleased to learn that only .001% of all deaths occur in worship services in church, and these are usually related to previous physical disorders. Therefore, logic tells us that the safest place for you to be at any given point in time is at church!

Bible study is safe too. The percentage of deaths during Bible study is even less. **FOR SAFETY'S SAKE**

**Attend Church and read your Bible  
IT COULD SAVE YOUR LIFE**



Her mum came in and softly asked her little daughter with a smile, my sweetie, would you like to give your mum one of your two apples?

The girl looked up at her mum for some seconds, then she suddenly took a quick bite on one apple, and then quickly on the other.

The mum felt the smile on her face freeze. She tried hard not to reveal her disappointment.

The the little girl handed one of her bitten apples to her mum, and said: "Mummy, here you are. This is the sweeter one."

## MORAL OF THE STORY:

No matter who you are, how experienced you are, and how knowledgeable you think you are, always delay judgement. Give others the time and the opportunity to explain themselves.

What you may see may not necessarily be what you are thinking. Try not to jump to conclusions !!!!

*This story was posted on the internet*

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Two Apples .....	18
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How true is this? Does it ring any bells with you?	
Mums Now	vs Mums Then
"That word is inappropriate."	"Say that again and I'll wash your mouth out with soap."
"Good job trying one bite of the dinner I made. Now you can have Mac & Cheese."	"You'll eat what I make, whether you like it or not. There are starving children in the world."
"I can see you're upset. Take a deep breath and use your words."	"You better stop crying or I'll REALLY give you something to cry about."
"You can't walk around the block by yourself. I'll drive you. Text me when you need a ride back."	"You want to go out? Take your bike. Be home before dark."

# At least he had his Breakfast!

***This is what we, who are aged 70 or 80 years plus, can look forward to.***

This is something that happened at an assisted living center. The people who lived there had small apartments but they all ate at a central cafeteria. One morning one of the residents didn't show up for breakfast so my wife went upstairs and knocked on his door to see if everything was OK. She could hear him through the door and he said that he was running late and would be down shortly, so she went back to the dining area.



An hour later he still hadn't arrived, so she went back up towards his room but found him on the stairs. He was coming down the stairs but was having a hard time. He had a death grip on the hand rail and seemed to have trouble getting his legs to work right. She told him she was going to call an ambulance but he told her no, he wasn't in any pain and just wanted to have his breakfast. So, she helped him the rest of the way down the stairs and he had his breakfast. When he tried to return to his room, he was completely unable to get up even the first stair step, so they called an ambulance for him.

A couple of hours later she called the hospital to see how he was doing. The receptionist there said he was fine, he just had both of his legs in one side of his boxer shorts.

I'm sending this to my children so that they don't sell the house before they know all the facts.

# Quarantine

Just when you think it's nearly all over, Covid19 comes and finds a home amongst us.



For example:

In the last two weeks, our own Leaders of the local Salvation Army have been affected by strict Quarantine, as members of the family have been confirmed positive with Coronavirus.

This has even meant a two week delay in a family wedding.

Now whether it is sickness,

our stage of life, or disaster that quarantines you to your home, isolation can be hard work. We are communal people made in the image of a communal God, but isolation can also be a gift, not that those of us who are socially active children might think that at the moment!

There's another sort of isolation which God recognises as bad, when a person deliberately cuts himself/herself off from society, rejecting all advice or assistance.

*"A man who isolates himself seeks his own desire; he rages against all wise judgment" (Proverbs 18:1).*

The isolation can clearly harm our mental well-being, but it's the only way to ensure we are kept out of infection's way; it's good advice for now.

While many of us may have adapted to our new realities, that doesn't necessarily mean we're thriving. We all look forward to the day when we can finally emerge from this season of isolation. But the reality is that many of us are not quite there yet. How do we spiritually grow and even thrive in isolation?

We recognise isolation as something most of us would run away from, and yet, the Bible makes it clear that there are times when we have to act on-our own.

There are some important things we can't do together, or get our



# A Little Bit of Humour

loved ones to do for us. It caused me to think that Jesus had his own time of spiritual retreat and isolation. For 40 days, Jesus left behind his community and his regular practices, and he withdrew to the wilderness to fast and pray in preparation for his public ministry.

*"Then Jesus was led by the Spirit into the wilderness to be tempted by the devil" (Matthew 4:1).*

Looking to Jesus we also notice that he didn't head into the wilderness isolation on his own. In Matthew 3, just before the wilderness account, we find Jesus seeking out John the Baptist to be baptised. Jesus knew he needed the support and guidance of the Holy Spirit for what he would face.

*"At that moment heaven was opened, and he saw the Spirit of God descending like a dove and alighting on him" (Matt 3:16).*

*After his baptism "Jesus was led by the Spirit into the wilderness" (Matt 4:1).*

An enforced reset of our spiritual routines and focus on Jesus after a difficult, disruptive, and isolating time is perhaps not as bad as it may seem. On one hand it's a wonderful opportunity to stop, take a breath, take stock of how we are spending our time. What areas of our lives have flourished during the pandemic, and which have withered? Have you unintentionally filled your time with distractions that are insulating you from God? But while isolation might feel unproductive, claustrophobic, and uncomfortable, God is not wasteful. Even during uncertainty and fear, there are opportunities to grow. Whatever has happened we need not be afraid or overwhelmed. We have a model in Jesus, an advocate in the Holy Spirit, and an immovable resource in God's Word.

A little book, written by Max Lucado., which I am reading uses this phrase, which I think will help us in times like this.

*"You'll get through this. It won't be painless. It won't be quick. But God will use this mess for good. In the meantime don't be foolish or naïve. Don't despair either. With God's help you will get through this."*

God bless you.

An Englishman, a Frenchman and a Russian are viewing a painting of Adam and Eve frolicking in the Garden of Eden.

"Look at their reserve, their calm," muses the Englishman.

"They must be British."

"Nonsense," the Frenchman disagrees. "They're naked, and so beautiful, Clearly, they are French."

"No clothes, no shelter," the Russian points out, "they have only an apple to eat, and they're being told this is paradise. They are Russian."

## OUT OF THE MOUTHS OF BABES.....

### What do most people do on a date?

"Dates are for having fun, and people should use them to get to know each other. Even boys have something to say if you listen long enough."

**Lynnette, age 8**

"On the first date, they just tell each other lies, and that usually gets them interested enough to go for a second date."

### What the children would do on a first date that was turning sour?

"I'd run home and play dead. The next day I would call all the newspapers to make sure they wrote about me in all the dead columns."

**Craig, age 9**

### When is it okay to kiss someone?

"When they're rich!"

**Pam, age 7**

"The law says you have to be 18, so I wouldn't want to mess with that."

**Curt, age 7**

### Better to be single or married?

"It's better for girls to be single but not for boys. Boys need somebody to clean up after them!"

**Anita, age 9**

"Single is better.., for the simple reason that I wouldn't want to change no diapers... Of course, if I did get married, I'd figure something out.

I'd just phone my mother and have her come over for some coffee and nappy-changing."

**Kirsten, age 10**

# Thank You NHS (Cont'd)

There's no telling what tomorrow will bring. So they crack on, and perhaps cross their fingers for the best.

But Christians there's another option. They trust that, whatever happens in the future, they won't have to face it alone. They believe that they will be given the strength and grace to cope with anything that life throws at them - because they have faith in someone who is bigger than any global pandemic.

Jesus told his followers:

*'In this world you will have trouble. But take heart! I have overcome the world' (John 16:33)*

When a period like the last 18 months, that causes a whole country to feel isolated and afraid, we can choose to face our uncertain future with Jesus, who is willing to help us at every turn and bring us peace in every circumstance. His love which conquered death on a cross, still conquers all. Thank God for that.



**ONE**

**TWO**

**SUDOKU**

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9

		2				3		
	6			5			2	9
		3	1					
8	5		9	7				4
	9		6		5			3
	7			2	4			5
					7	6		
6	4			9				8
		9				4		

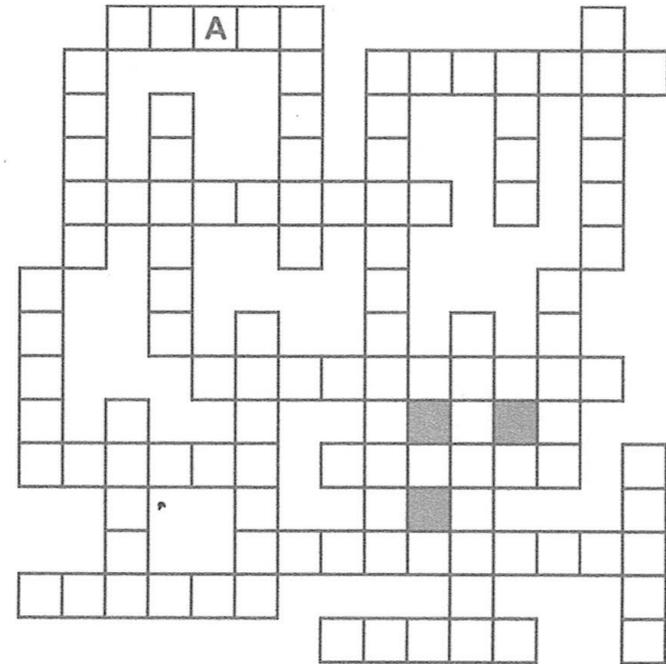
**SUDOKU**

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9

		1			5	6	9	
	5		2		4			
						3		
2					8	5		9
5	9	6				8	2	7
8		1	5					6
		9						
			3		1		5	
	8	5	4				7	

# CRISS CROSS: In the Park

The words are provided, but can you fit them all into the grid?



**4 letters**

CAFE

**5 letters**

FENCE

GRASS

LAWNS

PATHS

PONDS

SEATS

TREES

**6 letters**

BUSHES

PEOPLE

SEESAW

STATUE

SWINGS

TENNIS

**7 letters**

BENCHES

FLOWERS

**8 letters**

FOUNTAIN

**9 letters**

CRAZY GOLF

**10 letter words**

PLAYGROUND

ROUNDAABOUT

**12 letter word**

BOWLING GREEN

## “An Hour in The Bank”

I spent an hour in the bank with my dad, as he had to transfer some money. I couldn't resist myself and asked...

"Dad, why don't we activate your internet banking?"

"Why would I do that?" He asked...

"Well, then you won't have to spend an hour here for things like making a transfer. You can even do your shopping online. Everything will be so easy!"

I was so excited about initiating him into the world of Internet Banking.

He asked "If I do that, I won't have to step out of the house?"

"Yes, yes"! I said. I told him how even groceries can be delivered at your door now and how Amazon delivers everything!

His answer left me tongue-tied. He said:

"Since I entered this bank today, I have met four of my friends, I have chatted awhile with the staff who know me very well by now. You know, I am alone ... this is the company that I need. I like to get ready and come to the bank. I have enough time, it is the physical touch that I crave. Two years back, I got sick. The store owner from whom I buy fruits, came to see me and sat by my bedside and cried. When your Mom fell down a few days back while on her morning walk, our local grocer saw her and immediately got his car to rush her home as he knows where I live. Would I have that 'human' touch if everything became online? Why would I want everything delivered to me and force me to interact with just my computer?"

I like to know the person that I'm dealing with and not just the 'seller'. It creates bonds of Relationships.

Does Amazon deliver all this as well?"

Technology isn't life..... Spend time with people.....

Not with devices.

Writer: Unknown



**What do Stephen Fry, Malala Yousafzai, Paul McCartney, Dawn French and Trevor McDonald have in common?**

They all with millions of others, are grateful for the NHS

In *Dear NHS: 100 Stories to Say Thank You*—compiled by Adam Kay during lockdown—more than 100 household names have put pen to paper to share their experiences of the National Health Service. Graham Norton recalls the life-saving treatment he received after being stabbed as a student. Miranda Hart remembers a colonoscopy appointment, during a time when she was enjoying ‘an increased level of fame’. Naomi Harris reflects on a spinal operation, describing the nurses who cared for her as ‘living, breathing angels’.

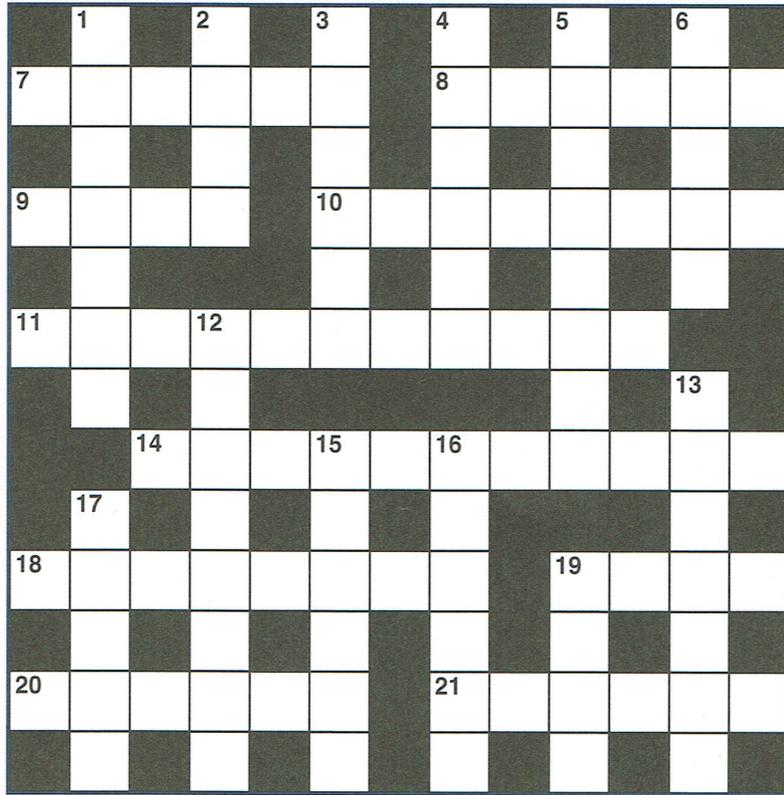


While the stories are a mixture of the funny, sad, surreal and inspirational, the writers behind them share one crucial sentiment: appreciation.

The NHS is ‘the thing keeping us together’. Writes Emma Watson, commenting on the coronavirus pandemic.

‘How can I possibly thank you enough?’ an answer comes in another story, written by Matt Haig, who quotes a nurse as saying: ‘You just get on with it, don't you?’

It's a fair statement. NHS staff or not, many people believe that getting on with what's in front of them is all they can do. 



**ACROSS**

- 7 Biblical character on whom Oscar Wilde based a play (6)
- 8 Language of the Qur'an (6)
- 9 1990s Lenny Henry sitcom (4)
- 10 African country between Nigeria and Gabon (8)
- 11 Scottish actor who played James Bond (4,7)
- 14 Hill overlooking Edinburgh (7,4)
- 18 2016 movie for which Emma Stone won an Oscar (2,2,4)
- 19 Town in Kent (4)
- 20 Swiss melted-cheese dish (6)

**DOWN**

- 1 Italian artist and contemporary of Michelangelo (7)
- 2 Volkswagen model introduced in 1974 (4)
- 3 Brand-name fastening material (6)
- 4 Spanish-set opera by French composer Bizet (6)
- 5 Surname of operatic tenor José (8)
- 6 US president brought down by Watergate (5)
- 12 Cherbourg's French region (8)
- 13 Non-Christian opponent of the Crusaders (7)
- 15 1970s Labour Chancellor (6)
- 16 Waters separating Egypt and Saudi Arabia (3,3)
- 17 Swiss resort and conference centre (5)
- 19 Star Trek robot played by Brent Spiner (4)

## Reflection on a Favourite Hymn

*All creatures of our God and king,  
Lift up your voice and with us sing  
Alleluia, alleluia!*

*Thou burning sun with golden beam,  
Thou silver moon with softer gleam:  
O praise him, O praise him,  
Alleluia, alleluia, alleluia!*

*(Based on "The Canticle of the Sun" by St Francis of Assisi, 1182-1226)*

I've always been interested in the history of the hymns/songs that we sing. This hymn, based on "The Canticle of the Sun" by St Francis of Assisi and translated by William Henry Draper (1855-1933), has always spoken to me of God's world and God as the Creator.

I found it fascinating when I read the story of St Francis, so I share it with you.

You'd be unlikely to find anyone less like a saint than Francesco Bernardone, whose father was a wealthy merchant who had high hopes of his son taking over his successful business. The spoilt young man loved the trappings of wealth and enjoyed wild parties but was always aware of his abilities and ambitions to achieve more. He wanted to become a knight, bringing glory and nobility, and finally a call for knights for the Fourth Crusade gave him a chance to realize his dream. Watched by his proud father as he rode off in a suit of armour decorated with gold and a magnificent cloak, Francis got no further than one day's ride from Assisi. There he dreamed that God told him of his disapproval and said he must immediately return home. Imagine the shame of going back without ever making it to battle. He was laughed at and called a coward, which was acutely embarrassing for his father.

Francis was uncertain what God wanted of him, so he found a cave in which to pray and to weep for his sins. It wasn't until the young man, who had always led such a protected and cosseted life, met a leper and kissed his hand, even though both his appearance and smell repelled him, that it occurred to Francis that he was being tested by God.

## Reflection on a Favourite Hymn (Cont'd)

It was when Francis found himself near the ancient church of San Damiano that he heard Christ say, "Repair my church" Taking this literally, Francis took cloth from his father's shop, and sold it to pay for the repairs. Deeply disappointed in his son, his father accused him of theft, publicly demanding that he return the money and renounce all rights as heir to the family fortune.

Francis gave back the money, then stripped off his clothes down to his hair shirt. Wearing nothing but rags, he went off singing. He had nothing and everything. He intended to live by the gospel, in complete simplicity, selling all his possessions, giving all he had to the poor and taking nothing on the journey except the cross. He lived by his belief that poverty was holy. He never intended to found a religious order, but before long he had more than 5,000 followers, celebrating life and serving God by serving others.

We always think of Francis loving creation and nature, and he certainly did. There's a famous story of him preaching to hundreds of birds, that they should be thankful for their beautiful clothes, their freedom and God's care. Another tale is told of him persuading a wolf that had been killing villagers that he should become tame enough to be their pet. But his love was broader than just for nature and animals because he felt in fellowship with all God's creation. The sparrow was as much his brother as any king or pope.

Just before he died at the age of forty-five, he began to go blind. Blindness was treated at that time by hot irons cauterizing the face. Before the procedure, he asked "Brother Fire" to be kind to him and reported that he felt nothing at all. However, it was in his blindness that Francis wrote the much loved "The Canticle of the Sun" on which the words of this hymn are based. Both they, and the man who wrote them, have been an inspiration to generations of Christians ever since.

*Lord, open our eyes to the glory of your creation in all its forms, from the smallest speck of life to the most magnificent. We pray for the wisdom, vision, energy and will to be good stewards of all your gifts, to value everything, and deny our own needs as we recognize the great need of others. AMEN*

## SCRUMPING OR POCHLE (Scottish translation!)

Two little boys stole a load of apples from a neighbour's apple tree. They decided to go to a quiet place to share them out equally.

One of them suggested the nearby cemetery.

As they were jumping over the gate to enter the cemetery, they dropped two apples, but they didn't bother to pick them since they had enough.



A few minutes later, a drunk, on his way from a bar, passed near the cemetery gate and heard a voice saying: *"One for me, one for you. One for me, one for you. One for me, one for you."*

He immediately sobered up & ran as fast as he could to a church nearby, for the priest. "Father, please come with me. Come and witness God & Satan sharing corpses at the cemetery."

Nearing the cemetery gate they heard the voice: *"One for me, one for you. One for me, one for you. One for me, one for you."*

Suddenly, the voice stopped counting & said: *"What about the two at the gate?"*  
You've never seen two people running so fast!

# WORD SEARCH

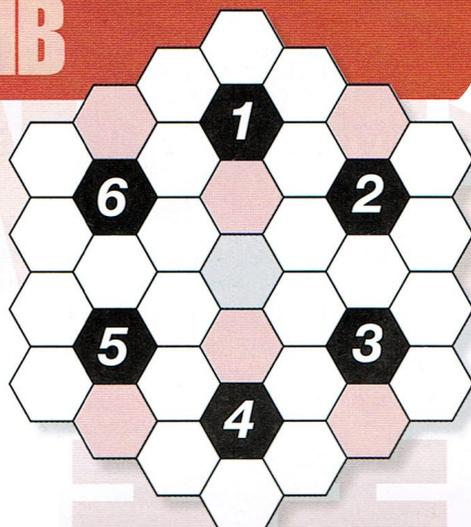


- ALUMINIUM
- BATTERIES
- BOTTLES
- CANS
- CATALOGUES
- CHINA
- CLOTHING
- COMICS
- GARDEN WASTE
- GLASS
- JARS
- MAGAZINES
- MOBILE PHONES
- NEWSPAPERS
- PLASTIC
- SHOES
- STEEL
- TEXTILES
- TIMBER
- TOYS
- TYRES

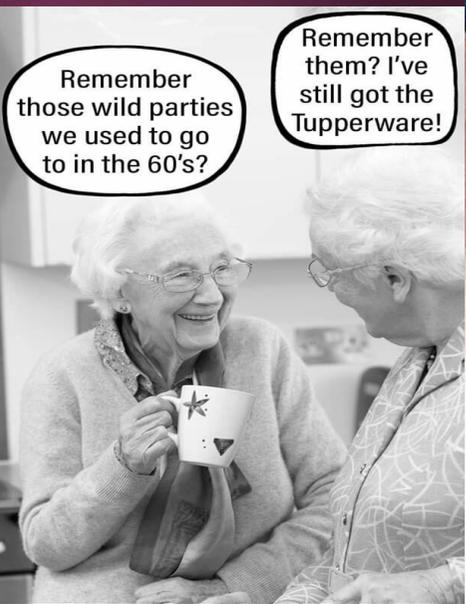
# HONEYCOMB

Each solution starts on the coloured cell and reads clockwise round the number

1. Food for cattle
2. Amount
3. Talk rapidly in a foolish way
4. To some extent
5. Day of the week
6. Capital of the UK



Think of a number between 1 and 10. Multiply it by 9 and subtract 1. Now close your eyes. It's dark isn't it?



Remember those wild parties we used to go to in the 60's?

Remember them? I've still got the Tupperware!

You went to the beauty parlor?



What happened? Were they closed?

Why did the duck cross the road?



To prove that she's no chicken!  
 ~ Old English joke - variation

GRANT ME THE SERENITY TO ACCEPT THE PEOPLE I CANNOT CHANGE.  
 THE COURAGE TO CHANGE DIRECTION WHEN I SEE THEM COMING.  
 AND THE WISDOM TO NOT TRY TO SMACK SOME SENSE INTO THEM WHEN I CAN'T AVOID THEM.  
 AMEN!

# STARGAZER



Where we live, we have the blessing of a balcony which runs the length of our apartment, and we have sat there in the evening, that is, after taking the dog for his final walk of the day. On occasions have a beautiful view of the heavens, although sometimes spoilt by all the ambient light down the street, and yet in spite of this the night sky is an extraordinary sight. In our world of towns, cities, cars, businesses, houses, invention, innovation, buildings, iPads, iMacs, smartphones, buses, bridges and an infinite amount of more it can be easy to look past creation, the world around us, the world that we physically live in and build our life upon, as something of no consequence. It's been fascinating to see the Endurance Rover project on Mars, although sadly it has failed in one of the important exercises it was planned to do, but still the extraordinary pictures from the surface of the 'red planet' of Mars are amazing.

On Christmas Eve in 1968, the Apollo 8 astronauts took turns reading from the Book of Genesis as their spacecraft rounded the moon.

*"In the beginning, God created the heaven and the earth,"*



a crackly voice said over the radio at mission control.

*"And the earth was without form, and void; and, darkness was upon the face of the deep. And the Spirit of God moved upon the face of the waters. And God said, Let there be light: And there was light."*

NASA estimates that the number of stars in the universe is thought to be 3 thousand million billion. But NASA admits that they cannot be sure as they believe there are billions of uncountable stars. We humans haven't yet named them all. In fact, if you go to certain websites you can have one named after you. But God has already counted and named them.

*"He determines the number of the stars and calls them each by name". Psalm 147:4 (NIV)*

God is that stargazer, who cherishes each one and calls them all by name. No star is unseen or unknown. We also believe that he is the one who counts the stars and the hairs on our head (Luke 12:7) and who knows the world completely from start to finish and is intimately acquainted with each detail. The God who told Abraham to look up into the night sky... the deep dark and infinite stretch of atmosphere...

*"Count the stars Abraham..." He told him... (Genesis 15:5)*

If you're quiet long enough to listen you'll find God weaved throughout all creation. He speaks through it, showing us the wonders of His greatness and the breadth and span of His attention. Our calling and destiny is to SHINE! to shine like the stars, in a darkening world, exactly in the same way that the coming of Christ to Bethlehem was announced.

Go outside tonight and if it's a clear night glance up at the stars. Start praising God that He is watching over you and that He considers you more amazing than the stars He placed in the sky. Revel in this beautiful masterpiece, and then know that YOU are the pinnacle of his eternal work.

Trust that in the same way He brings those stunning stars out, night after night, He will bring you out of whatever darkness you are facing.

God, who knows the stars, knows and sees you, and loves you.